

HOW WE MAKE FOOD

We go the extra mile to do more than just make food, by making food with thought.



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THINK QUALITY

From the first bite to the last sip, you can taste the difference.

All our food is made only with free-range eggs.

Our burger patties are made with a 100% pure mix of the best prime cuts.

Our coffee is globally-sourced, locally-roasted & professionally poured.

We leave the skin on our fries because they're more nutritious that way.



THINK WELLNESS

We do our best to offer you more and more, no matter your dietary requirements.

To help you make more informed choices, kilojoule counts are listed next to each meal & you can find the full nutritional guide on our website.

We've partnered with Chef Mokgadi Itsweng to bring you more and more choices that are better for you & the planet – find them using the symbol.

We're Vitality HealthyDining partners – find approved meals using the 🕜 symbol.



THINK COMMUNITY

We understand that a meal is only as good as the ingredients that were used to prepare it, so we source the majority from local farmers & suppliers.

We've been committed to raising awareness & funds for kids affected by childhood cancer for over a decade through our partnership with Cupcakes of Hope.





GET MORE WITH OUR LOYALTY APP

We created the Mugg & Bean Loyalty App so that you can get something extra every time you visit us.

Scan the QR code on your bill to earn cashback rewards in the form of Beans & use them to settle your next bill.

Go cardless: link your bank card to make quick, easy & safe payments. Show some generosity by sending a voucher to somebody special. Enjoy more special offers & the latest news.



SCAN TO DOWNLOAD OUR LOYALTY APP







Use these icons to find a meal that suits your preferences & dietary requirements:

Lacto-ovo vegetarian: Includes dairy products &/or eggs Vegan friendly: No use of, or containing any animal products

Discovery Vitality HealthyDining NEW New products
 Mokgadi's Creations

THE ROASTERY

Our baristas pour their passion & professionalism into every cup of coffee they make. Whether you like a creamy & velvety cappuccino or a reliable & robust filter coffee, we offer a variety of creations to satisfy your craving. We know that you have discerning tastes, so we've provided milk alternatives too.

Soy milk no charge I Almond milk** +10 I Oat Milk +10 I Decaf +4 I Whipped cream +10

ESPRESSO

Single shot of espresso.

24 | 1 kJ

DOPPIO ESPRESSO

Double shot of espresso. **28** | 2 kJ

AMERICANO

Double shot of espresso with hot water.

32 | 151 kJ

*May contain nuts
**Contains nuts

FLAT WHITE NEW

Double shot of espresso with texturised milk.

35 | 394 kJ

CAPPUCCINO

Espresso with texturised milk.

Short (single shot): 33 | 366 kJ

Easy (double shot): 36 | 479 kJ

Serious (double shot): 42 | 760 kJ

CAFFÈ LATTE

Single shot of espresso with texturised milk.

39 | 705 kJ

GINGERBREAD LATTE

1568 kJ

Double shot of espresso with texturised milk & gingerbread syrup. Served with mini gingerbread cookies.

CAFFÈ MOCHA

Hot chocolate & a shot of espresso with texturised milk.

42 | 1190 kJ

Add Hazelnut Syrup*

+7 | 136 kJ

FILTER COFFEE

Our coffee beans are locally roasted & ground.
Choose between **HOUSE BLEND** or **MOCCA JAVA**

SINGLE CUP WW

BOTTOMLESS



BREAKFAST & BRUNCH

Served all day

OMELETTES

Three-egg or egg white omelette. Served with buttered white, wholewheat or rye toast.

NEW Buttered sourdough toast +4 | 1220 kJ

CALIFORNIA

Filled with cheddar, mozzarella & fresh basil. Topped with avo^, back bacon, feta & basil pesto** mayo. Served with roasted rosemary cherry tomatoes.

134 | 5686 kJ

RANCHEROS 129 | 6364 kJ

Filled with cheddar, mozzarella & shakshuka sauce.
Topped with spicy bacon bits, avo^, baby potatoes, charred corn, cherry tomatoes & sriracha mayo. Served with sour cream.

CREATE YOUR OWN	54 2415 k.
FILLINGS:	
Onion	+11 84 kJ
Tomato	+14 67 kJ
Herbed Mushrooms	+30 270 kJ
Cheddar	+22 679 kJ
Mozzarella	+22 589 kJ
Back Bacon	+25 426 kJ
Hickory Ham	+29 266 kJ

South African

★ | We are committed to only using free-range eggs

EGGS BENEDICT

Two poached eggs, hollandaise sauce & a toasted English muffin.

★ | For a healthier option, order without an English muffin

Topped with hickory ham. Served with grilled tomato & a hash brown.

99 | 4680 kJ

RIG REN

Topped with baby spinach, grilled tomato, hash browns, cheddar, hickory ham, back bacon & battered onion rings.

125 | *5585 kJ*

SOUTH AFRICAN

Topped with a boerewors patty & corn chakalaka.

112 | 3423 kJ

Add two hash browns

+24 | 1204 kJ

BAGELS

Buttered & toasted bagel*, back bacon, scrambled egg, rocket, tomato chutney & basil pesto** hollandaise sauce.

74 | 3306 kJ

BACK BACON & BLUEBERRY

Buttered & toasted bagel*, cream cheese, back bacon, blueberry & vanilla coulis, candied walnuts** & honey.

^Subject to availability **Contains nuts *May contain nuts



NUTRITIOUS & DELICIOUS

SPICY BEANS ON TOAST ® NEW 2 54

2270 kJ / 1633 kJ / 1663 kJ

Spiced tomato four bean medley served on

buttered & toasted sourdough with a poached egg & pea pesto.

For a healthier option, choose wholewheat or rye. 🕜

VEG ROSTI* 🐠 🕜 🞹

Two veg rostis topped with pea pesto, herbed mushrooms & pickled cherry tomatoes.

65 | 3393 kJ

the disk

AVO ON TOAST (V)

Cucumber, baby spinach, lemon zest & sesame seeds° on lightly buttered wholewheat or rye toast.

69 | 1358 kJ / 1388 kJ

NEW Buttered sourdough toast®

LOW-CARB BREAKFAST (?)

Two poached eggs, grilled halloumi, avo^, sautéed baby spinach & roasted rosemary cherry tomatoes.

104 | 2877 kJ

YOGHURT, FRUIT & NUT BOWL 🕜 🛮

Full-cream plain yoghurt, fresh seasonal fruit, honey & a sprinkle of walnuts**.

86 | 1386 kJ

^Subject to availability

°Contains sesame seeds

CLASSICS

Fried, scrambled or poached eggs. Served with buttered white, wholewheat or rye toast.

+4 | 1220 kJ Buttered sourdough toast

ON-THE-GO

Two eggs, back bacon & grilled tomato.

64 | 3288 kJ

CLASSIC

Two eggs, honey-glazed back bacon, grilled tomato & a hash brown. Served with rosemary-salted skin-on fries.

84 | 6543 kJ

SOUTH AFRICAN FARM

Two eggs, back bacon, a hash brown, grilled tomato & boerewors topped with tomato chutney.

129 | 8265 kJ

Add a veg rosti*	+9 2632 kJ
Add a sweetcorn fritter	+19 1841 kJ
Add a portion of chicken livers	+32 3053 kJ
Add a 200a rump steak	+119 1133 kJ

SOMETHING DIFFERENT

SWEETCORN FRITTER STACK

Cheddar & spring onion sweetcorn fritters, back bacon, roasted rosemary cherry tomatoes, avo^{*} & ranch dressing. Served with buttered white, wholewheat or rye toast.

99 | 3618 kJ

NEW Buttered sourdough toast

+4 | 1220 kJ



FRESH SALADS

MOROCCAN BUTTERNUT & CHICKPEA 🕜 🛛

Roasted butternut, spiced chickpeas, candied walnuts**, cherry tomatoes, feta & spring onions with mixed lettuce. Served with honey mustard dressing.

Light: **59** | *1466 kJ* Regular: **89** | *2520 kJ*

MONTE CRISTO

Beef strips, bacon bits, avo[^], blue cheese, cherry tomatoes & spring onion with mixed lettuce.
Served with honey mustard dressing & bagel* melba toast.

Light: **99** | 2776 kJ Regular: **159** | 4546 kJ

JERK CHICKEN & WILD RICE

Spiced jerk chicken skewers & pineapple chutney on chilled wild rice, sweetcorn, mixed peppers & kidney bean salad. Tossed with a citrus honey mustard dressing.

Light: **84** | 3165 kJ Regular: **149** | 5498 kJ

^Subject to availability
°Contains sesame seeds
**Contains nuts
*May contain nuts

& SHARE

SESAME-CRUSTED° CHICKEN STRIPS

Buttermilk fried chicken strips with sweet chilli dipping sauce.

74 | 3134 kJ

SPICY BUFFALO CHICKEN WINGS^

300g, deep-fried & coated in hot sauce. Served with blue cheese dipping sauce.

92 | 3463 kJ

SHARING PLATTER

Deep-fried halloumi, sesame-crusted° chicken strips, spicy buffalo chicken wings^, battered onion rings & falafels, served with sweet chilli & blue cheese dipping sauces.

220 | *9788 kJ*

MINI BURGER° PLATTER

Two boerewors patty & cheddar, two buttermilk chicken & two falafel.

195 | 7304 kJ

MEATY SHARING PLATTER W 220 | 12230 kJ

Herbed pork empanadas, BBQ basted boerewors bites, jerk chicken skewers, chargrilled pork belly rashers & crushed baby potatoes. Served with shakshuka & green herb dipping sauces.



DELICIOUSLY FILLING

TOASTED SANDWICHES

Buttered & toasted white, wholewheat or rye bread. Served with rosemary-salted skin-on fries, sweet potato fries or a side salad.

Buttered sourdough

+8 | 2440 kJ

CHEDDAR & TOMATO

69 | 5136 kJ

CHICKEN MAYO

78 | *5297 kJ*

BACK BACON & EGG

86 | *5746* kJ

BAGELS

Buttered & toasted bagel*, served with rosemary-salted skin-on fries, sweet potato fries or a side salad.

SMOKED TROUT

Herbed cream cheese with red onion & cucumber salad.

105 | 4586 kJ

PASTRAMI

Mustard mayo, rocket, gherkins, jus & battered onion rings.

92 | 5790 kJ

^Subject to availability

OPEN SANDWICHES

NEW Buttered sourdough toast®

+4 | 1220 kJ

SMOKED TROUT (?)

Cucumber ribbons, cream cheese, chives, red onion, lemon zest & black pepper.

Served on lightly buttered wholewheat or rye toast.

105 | 2105 kJ / 2135 kJ

MEDITERRANEAN VEG (V)

Grilled mixed peppers, roasted rosemary cherry tomatoes, basil pesto** mayo, kalamata olives, feta & shakshuka sauce. Served on wholewheat or rye toast.

54 | 2154 kJ / 2184 kJ

SMASHED CHICKPEA MAYO ()

Hummus^o, red apple, red onion & cucumber. Served on wholewheat or rye toast.

49 | 1919 kJ / 1948 kJ



ALABAMA CHICKEN STACK 126 | 7441 kJ

Shredded chicken breast, tomato, back bacon & melted mozzarella on buttered sourdough toast. Topped with mustard cheddar sauce, honey mustard dressing & avo[^]. Served with rosemary-salted skin-on fries, sweet potato fries or a side salad.



GOURMET BURGERS

Served on a sesame brioche bun°, with rosemary-salted skin-on fries, sweet potato fries or a side salad.

Buttermilk Chicken

Our premium BBQ basted 100% beef patties are carefully crafted from only the finest prime cuts. They are cooked medium for more and more flavour, unless requested otherwise.

Layered with gherkins, tomato, burger mayo, red onion & lettuce.

129 | 5989 kJ

AVO^, BACK BACON & FETA

Layered with gherkins, tomato, burger mayo,

149 | 7324 kJ

BIG DADDY

Layered with gherkins, tomato, burger mayo, red onion & lettuce. With a fried egg, back bacon, hickory ham & cheddar. Topped with battered onion rings.

165 | 9772 kJ

CHILLI BACON JAM & FETA 145 | 6070 kJ With chilli bacon jam, whipped feta & rocket.

FALAFEL

Deep-fried herbed chickpea bites, red onion & cucumber salad, rocket, spiced honey & herbed yoghurt.

BUTTERMILK CHICKEN

Sesame-crusted° fried chicken strips, rainbow slaw, grated Parmesan, tomato, honey citrus reduction, burger mayo & lettuce.

115 | 5770 kJ

Our fries are locally sourced & we leave the skin on to retain nutrients & reduce waste

Big Daddy

lam & Feta

^Subject to availability °Contains sesame seeds

HEARTY & GENEROUS

SORGHUM NOURISH BOWL

MEW VN 99 | 3856kJ

Spiced tomato & herb sorghum, sautéed tenderstem broccoli, herbed mushrooms & falafels. Served with a green herb dressing.



LOCAL BRAAI PLATE

Rosemary & lemon lamb loin chop, spiced jerk chicken skewers, BBQ basted boerewors & a sourdough braai broodjie. Served with creamy coleslaw or potato salad.

210 | 9700 kJ

CHIPOTLE CHICKEN LIVERS

Pan-fried in a cream, red onion, garlic & smoky chipotle sauce. Served with buttered & toasted sourdough.

FAMOUS ROASTED TOMATO & BASIL SOUP

Topped with basil pesto** & served with a toasted white, wholewheat or rye mozzarella sandwich.

82 | 6321 kJ

NEW Buttered sourdough

+8 | 2440 kJ

SESAME-CRUSTED BEEF & VEG BOWL

Egg-fried basmati rice, stir-fried veg, avo^, spring onion & crispy ginger slices with honey-soy sauce.

125 | 4785 kJ

Served with rosemary-salted skin-on fries, sweet potato fries or a side salad.

RIB & WING COMBO

200g Chargrilled BBQ pork ribs & BBQ buffalo chicken wings^. 189 | 10491 kJ

GRILLED RUMP STEAK

BBQ basted 250g rump, topped with herb butter. Served with battered onion rings & red wine jus.

PIT BOSS BBQ GRILL

BBQ basted 200g rump, chargrilled pork belly rashers, boerewors, BBQ buffalo chicken wings[^] & grilled corn on the cob. With a creamy mustard cheddar dipping sauce.

249 | 10783 kJ

SWEET & SPICY WINGS & BBQ RUMP

Deep-fried coated buffalo chicken wings[^] tossed in sweet & spicy hot sauce, with a chargrilled BBQ basted 250g rump.

245 | 7826 kJ

^Subject to availability

°Contains sesame seeds

**Contains nuts

*May contain nuts



FRESHLY BAKED

Our cakes, pies, tarts & muffins are freshly baked on site by our skilled Master Bakers with delicious locally sourced ingredients, so that you always get a taste of home. As everything is fresh, our selection may vary. If your favourite isn't available today, how about trying something new?

PIE OR TART SLICE^*

Served with ice cream or whipped cream.

CAKE SLICE^{^*}

69 | 5966 kJ Add ice cream or whipped cream. +16 | 263 kJ / 441 kJ

FAMOUS GIANT MUFFIN** 45 | 4662 kJ

Add butter, strawberry jam & cheddar.

Available in sweet or savoury options. Made from scratch with the same recipe for over two decades.

^Subject to availability *May contain nuts

HOT & CHILLED DRINKS

HOT

CARIBBEAN MOCHA

Coconut, coffee & chocolate flavours with texturised milk. **54** | 1257 kJ

RED CAPPUCCINO®

With texturised milk.

Easy: 44 | 562 kJ

Serious: 49 | 844 kJ

CINNAMON PANCAKE 49 | 2071 kJ White hot chocolate with texturised milk.

maple flavoured syrup & mini pancakes.

BOTTOMLESS

| Served & charged per person. | Unfortunately, sharing is not allowed.

HOT CHOCOLATE

With texturised milk.

55 | 1466 kJ

DRAGON FRUIT & RASPBERRY FIZZ KIWI & WATERMELON FIZZ

52 | 300 kJ / 821 kJ

LEMONADE 52 | 783 kJ

PEACH ICED TEA

52 | 1747 kJ

OREO® Whispers Cheesecake Slice

Strawberry, Hibiscus & Ginger Slush

CHILLED

CHINO MUGGACHINO

Refreshingly blended iced coffee. **49** | 1083 kJ

STRAWBERRY, HIBISCUS & GINGER SLUSH (1)

72 | 319 kJ



COLD BEVERAGES

SOFT DRINKS

NO SUGAR SOFT DRINKS 🧓

29 | 636 kJ 28 | 5 kJ

FRUIT JUICE

Ask our team about available options.

DOUBLE THICK MILKSHAKES

CHOCOLATE | VANILLA | STRAWBERRY | BUBBLEGUM | LIME

Small (270ml) Medium (350ml) **42** | 1332 kJ

49| 1887 kJ

54 | 2886 kJ

SUMMER SHAKES (350ML) 57

LEMON MERINGUE 3102 kJ PEPPERMINT CRISP®



Large (460ml)







Love what you see on your table?

Snap a photo & post it using #MyMuggTable & we could be featuring you on our social media pages!

www.muggandbean.co.za



We don't just make food. We make food with thought. Visit our website to find out how we make food that's good for the environment, for local communities & for you.



Scan here to view nutritional & allergen info



Discovery Vitality members get up to 25% back on all qualifying HealthyDining meal options, plus 50% back on Vitality kids' HealthyDining meals for under 12s.

To get your rewards, activate HealthyDining on the Discovery app, purchase a Mugg & Bean HealthyDining meal (you can spot it with the 'V' indicator), and scan your receipt in the HealthyDining section of the Discovery app. Discovery Vitality (Pty) Ltd. Registration number: 1999/007736/07. Limits, terms and conditions apply.

T&Cs apply. Bottomless menu items available for sit-down customers only. Ingredients may vary subject to availability & seasonality. Menu descriptors do not contain full ingredients. If you require any allergen information prior to ordering, please ask a member of our team to assist. We use a lot of different ingredients & shared equipment in our kitchens, as well as some products that have been produced by suppliers. Due to this, we cannot guarantee that our food is completely free of allergens or traces of allergens. Portion weights are raw weights. Any change or addition to our original recipes will result in kilojoule count variations. Some items are calculated on the highest kilojoule variant. Only certain pies & tarts are served with cream or ice cream. All visuals are suggested servings only & for descriptive purposes only, size & appearance may vary. All extras will be charged for. Certain menu items are made from non-dairy cream. Not all items on this menu are available as takeaway. While stocks last.





