

ANTOJITOS Y APERITIVOS

Little snacks and appetizers,
inspired by the traditional street
foods of Mexico – great for sharing.

TOTOPOS » 42

a basket of fresh corn tortilla chips,
served with our house salsa
add a side of guacamole...

CHILI CON QUESO » 59

cheese dipping sauce with tomato, onion
and jalapeño, served with tortilla chips

NACHOS PEQUENO » 65

(small plate for one)

NACHOS GRANDE » 115

(for sharing two or more)

tortilla chips with melted cheese sauce,
shredded mozzarella and cheddar cheese
and jalapeños. House salsa, guacamole, and
crema served on the side, or “fully loaded”

add a topping of your choice:

black beans » 16

grilled spicy chicken » 30

Mexican Chorizo » 25

Chile con Carne » 30

carne asada – Mexican style
skirt steak » 35

CHILI RELLENOS

Jalapeño chili filled and fried
– contains egg whites

filled with spicy mince picadillo » 68
or cheese » 58

CUATRO TOSTADAS » 60

four mini tostadas with various braised and
pulled meat, including beef, lamb, pork and
chicken (great for tasting)

JALAPEÑO CROQUETA » 60

jalapeño, potato and cheese mix, panko
crumbs, avo crema

QUESADILLAS

Flour tortilla folded with cheddar and mozzarella cheese
and toasted with a filling of your choice.

CLASICO » 65

freshly pickled jalapeno

TOMATES » 75

fresh sliced cherry tomatoes

HONGOS » 85

wild mushroom, garlic, herbs and feta

MEXICAN CHORIZO » 85

spicy pork mince, sweet potato and
black beans

LA CARNE

choice of spicy chicken tinga,
braised pork achiotte » 105
or braised beef short rib » 115

SOPAS y ENSALADA

Soups and salads.

add grilled chicken breast to any of the dishes, an additional R20

APPLE CITRUS SALAD » 75

apple, citrus segment, mixed greens,
rocket, jalapeño vinaigrette

add Sesame fried chicked strips » 40

MEXICAN QUINOA SALAD » 85

mixed greens, black beans, grilled corn,
pico de gallo, avocado, feta, orange, citrus
chipotle vinaigrette

ENSALADA PICADA » 85

Spicy roasted corn, black beans, red onion,
red pepper, sliced radish, avocado, and
crumbled feta, on a bed of chopped lettuce
and cherry tomatoes, with fried tortilla
chips, and Honey Lime dressing.

SOPA DE MAÍZ DE POLLO » 65

creamy and cheesy chicken corn chowder
with chillies and cilantro

CORN POPPER » 55

fresh corn with rice, queso and jalapeño

CHILI CAMARÓN TOSTADOS » 85

Four mini tostados, with coconut panko
crumbed chili prawns, avo salsa and chili
mayo drizzle

CHILI DIPPER » 75

Chili con Carne bowl, topped with crema and
served with tortilla chips

ALBONDIGAS » 78

lamb meatballs, braising sauce
and salsa verde

TAQUITOS » 65

flour tortilla shells, rolled into tubes and fried
with your choice of filling, served with salsa
and crema. Guajillo Beef, Chicken Pibil or
Butternut Feta (v)

PESCADO FRITTA » 58

Baja style battered hake goujons served
with Chipotle mayo

CEVICHE

raw fish marinated, “cooked” in citrus juice

WHITE FISH citrus, cucumber, red onion,
tomato, avocado, served on tostados » 75
SEARED TUNA 120gm, dry chili rub, pico de
gallo, avo and soya lime dressing » 120

THE THREE AMIGOS » 129

Trio of pure beef sliders with usual lettuce,
tomato and red onion - plain, cheese and
pickled cabbage, and mini Hamburgueso.

CALAMARES Y CHORIZO » 76

calamari, chorizo, black bean paste, cilantro
lime crema



LA ROSA

MEXICAN GRILLE ★ TEQUILERIA



PLATOS PRINCIPALES

Mexican inspired main
course dishes.

FILETE E QUESO

JALAPEÑO » 225

Grilled beef fillet steak (250g),
smothered in a creamy Jalapeno-
Cheese sauce. Served with spicy
hand-cut chips

FILETE E

CHIMICHURRI » 215

Grilled beef fillet steak (250g), rubbed
with Mexican spices, served with
chimichurri salsa and hand-cut chips

HAMBURGUESO » 125

Spicy pure beef cheese burger, with
usual lettuce, tomato, red onion,
pickled cabbage and guacamole,
with chipotle mayo. Served with
hand-cut chips

GUAJILLO BRAISED BEEF

SHORT RIB » 165

with Cilantro Rice and Refried Beans

CHULETAS DE

CORDERA » 245

lamb loin chops (3x150g) flame
grilled and basted with chipotle in
adobo, served with hand-cut chips
and a mint lime salsa verde

POLLO A LA

PARRILLA » 145

flame grilled half chicken, marinated
in salsa de arbol, with charred spring
onions and spicy hand-cut chips

PESCADO A LA

VERACRUZANA » 175

grilled fillet of hake topped with a
fresh tomato, green olive, capers,
lime, chili and garlic salsa, served
with green rice

CAMARONES A LA

DIABLO » 245

eight queen prawns in a spicy red
sauce, served with green rice and
mexican cabbage

CHILI CON CARNE » 125

Mexican slow cooked beef mince
with beans, with spicy rice, baked
with mixed cheese topping, topped
with fresh pico de gallo and crema

CARNE A LA

TAMPIQUEÑA » 215

grilled beef rump steak (300g), with
salsa rojo and cheese, and fresh
avocado, tomato, red onion salsa.
Served with spicy hand-cut fried chips

SALSAS y SIDES

★ guacamole (seasonal) » SQ
★ crema mexicana » 15
★ pico de gallo – tomato, onion,
cilantro and lime » 16
★ roasted corn salsa – corn, red
onion, red chili,
cilantro » 20
★ house salsa » 15
★ salsa rojo » 20
★ salsa verde » 20
★ salsa habanero pineapple /
mango (seasonal) » 20
★ habanero, lime, coriander
mayo » 20

★ salsa chipotle » 20
★ chipotle mayo » 20
★ salsa de arbol » 20
★ salsa el diablo – tomato
and habanero » 20
★ salsa chimichurri » 25
★ frijoles - black beans » 20
or refried beans » 25
★ Arroz Sabroso o Verde – Mexican
spicy rice or green rice » 22
★ patatas - Mexican spicy
hand-cut chips » 25
★ flour tortilla - each » 8
★ corn taco - each » 8

BURRITOS

flour tortilla wrap,
served the usual way

[or served wet, smothered in a spicy salsa rojo
and melted cheese » 16]

CHICKEN PIBIL » 95

shredded chicken pibil, spicy rice and cheddar
cheese

CALIFORNIAN » 115

carne asada, potato fries, pico de gallo,
guacamole and crema

TONY'S CALI » 115

grilled chicken, potato fries, refried beans, pico
de gallo, guacamole and crema

POLLO FRESCA » 110

grilled chicken, shredded lettuce, pico de gallo,
cheddar, guacamole & house salsa

COCHINITA SUPREMOS » 100

pork achiotte, spicy rice, black beans, mixed
cheese, salsa chipotle, creme

LA ROSA' CHILE ESPECIAL » 98

chile con carne, green rice, pico de gallo,
cheddar and mozzarella cheese

TAZONES

burrito bowls

CARNE ASADO BOWL » 135

grilled skirt steak strips, spicy rice, black
beans, queso fresca, onion and coriander
and salsa de arbol

CALAMAR BOWL » 135

calamari, grilled or fried, green rice, shredded
lettuce, avo slices, habanero pineapple salsa,
habanero lime coriander mayo

MERLUZA BOWL » 125

hake goujons, spicy rice, shredded lettuce,
Mexican cabbage and chipotle mayo

QUINOA BOWL » 125

grilled spicy chicken, quinoa, avo slices, roast
butternut, roast corn, house salsa

SESAME CHICKEN BOWL » 125

sesame fried chicken strips, green rice, shredded
lettuce, habanero pineapple salsa, guacamole
and crema

VEGETARIAN BOWL » 95

Spicy rice, grilled zucchini, mushrooms, onion,
peppers, black beans, roasted corn salsa and
fresh coriander micro herbs

BUILD-A-BURRITO y BURRITO BOWL

Build your own Mexican taste sensation, covered up or naked

BURRITO » 25 NAKED BOWL » 16

1. CHOOSE YOUR PROTEIN:

★ grilled spicy
chicken » 35
★ shredded chicken
pibil » 35
★ sesame fried
chicken » 40
★ battered hake
goujons » 40
★ calamari frito » 42
★ chile con carne beef
mince » 40
★ carne asada - Mexican
skirt steak » 45
★ pork achiotte » 46
★ lamb barbacoa » 60
★ slow guajillo-braised
beef short rib » 54

2. PLATE UP WITH:

★ cilantro lime (green) rice,
spicy rice, quinoa » 15
★ black beans, red kidney
beans » 16
★ refried beans » 22

3. ADD YOUR VEG:

★ avocado slices » 25
★ fajita vegetable mix » 15
★ roasted corn » 12
★ roast butternut » 12
★ spicy sweet potato » 12
★ red pickled
cabbage » 10
★ pickled jalapeno » 10
★ shredded lettuce » 8

4. TOP UP WITH DAIRY:

★ cheddar » 15
★ mozzarella » 15
★ cheddar/mozzarella
mix » 15
★ queso fresca (feta) » 15
★ Mexican crema » 13

5. AND FINISH WITH YOUR CHOICE OF SALSA:

★ guacamole » 25
★ pico de gallo » 12
★ house salsa » 12
★ salsa verde » 12
★ pineapple habanero
salsa » 14
★ salsa rojo » 12
★ salsa el diablo » 12

FAJITAS

Sautéed mixed peppers and onion
served with pico de gallo, guacamole,
cheddar cheese crema and three flour
tortillas with a choice of:

BEEF SKIRT STEAK » 135

the Mexican cut

BEEF FILLET STEAK » 155

if you really have to...

SPICY GRILLED CHICKEN » 125

PRAWN » 165

five queen prawns in shell

VEG » 115

mushroom, zucchini, corn and black beans

ENCHILADAS

two flour tortillas, wrapped and oven-
baked, served with rice and refried
beans.

POLLO VERDE » 115

chicken, cheese, salsa verde,
crema and radish

PABLO'S » 105

black beans, roast corn, mushrooms,
zucchini, green rice, chili sauce, cheese

CARNE ROJO » 115

slow braised beef short-rib, cheese, salsa
rojo and crema

RANCHERO » 115

slow braised pork anchiotte, queso fresca,
ranchero sauce, crema and cilantro